

Psychological mechanisms headache

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Headache is divided into three problems: - migraine - tension headache - headache not migraine or tension. Cenestopathy headache that refers to bodily hallucinations. Mechanisms of disorders: Migraine: a consequence of the impossibility of understanding to avoid some of the situations and experiences of life. This explains the swift ischemia, which extends from the occipital region to the gyrus centralis. Gyrus centralis - it is an area which is the conscious projection of the identification. Occipital area- creates a "vision". Mental inability to connect "Seen", that is unacceptable to interpret the established way of identity with the identity - leads to the attack of disconnection of the possibility of by ischemia distance between them. Tension headache. Two options: The lack of resources in the process of thinking - for example, do not have enough information; Incorrect use of inappropriate information- imputing meaning. Cenestopathy headache: a violation of the psychological treatment of mental pain. Subspecies - phantom headache. Often of other somatization when psychic pain experienced through physical symptoms, and his head felt as something burdensome. Characteristically for hypertension.