

Women using the pill miss/do not miss their androgens
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In women, testosterone (T) is believed to play an important role in mood and sexual function, and is associated with sexual desire, orgasm and frequency of sexual intercourse. Combined oral contraceptives (COCs) lower androgen levels such as the biologically most important free T levels by 68-86%. Maintaining physiological androgen levels during COC use can be achieved by the addition of the natural human adrenal hormone dehydroepiandrosterone (DHEA) to the pill. Placebo-controlled clinical studies have confirmed that restoration of free T is possible using DHEA and favorable clinical effects on sexual function have been observed, especially when free T is completely normalized.