

## **Medical termination of pregnancy. An update**

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Medical abortion with the combined regimen of mifepristone and a prostaglandin analogue is a joint French and Swedish innovation which has proven to be a safe and effective method for induced abortion.

Medical abortion is an important tool in reducing maternal mortality and morbidity. However, several barriers remain that limit global access to safe abortion services. Simplifying medical abortion can contribute to increased access and acceptability. Possible approaches include:

- Simplified treatment regimens
- Home self -assessment of complete abortion,
- Telemedicine and self administration of treatment
- Task sharing with midlevel providers

In this way medical abortion including post abortion contraception can be offered at one visit to the clinic.