

New developments in female contraception

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In this lecture, new developments in reversible and permanent contraception will be discussed. Highly-effective long-acting woman controlled reversible options will be expanded through the introduction of new vaginal ring delivery and implant systems. New designs may reduce side effects and improve tolerability of copper intrauterine devices. Work is also progressing on highly specific nonhormonal targets that block oocyte maturation, fertilization, or follicle rupture. Finally, renewed interest in permanent contraception should lead to the development of an inexpensive nonsurgical office-based approach applicable to both low and high resource settings.