## HOW AND HOW EARLY GDM SCREENING IN THE EARLY WEEKS OF PREGNANCY

## **SANJAY GUPTE**

OBSTETRICS AND GYNECOLOGY, PRESIDENT DIPSI (Diabetes in Pregnancy Study Group India)2013, PRESIDENT FOGSI (The Federation of Obstetric & Gynaecological Societies of India) - 2010, India

Especially in Asian countries the prevalence of GDM is very high. Not only that but many times existing DM type 2 is also not diagnosed before pregnancy. Due to this reason it is important to do universal screening for GDM during pregnancy. The screening should start in first trimester which in many cases helps in uncovering existing DM. the method for screening should be simple, affordable and convenient to the patient. Hence; one step OGCT also called as DIPSI test proves useful. We would like to present statistics regarding the usefulness and importance of such a screening. In our practice it has made a difference in early diagnosis and management of GDM to a great extent. We have screened total 8132 patients from June 2012 in DIP (Diabetes in pregnancy) clinic and following analysis is found be quite an eye opener which will be presented in the session.