

## DIFFICULTIES IN FASTING TURNOUT

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Aim & Objective: To show the difficulties for the pregnant to come in fasting during Antenatal check up. Method: We surveyed 4893 antenatal case in 10 non-metro areas to see, how many come in fasting and problems for not coming in fasting Result Only 369 cases out of 4893 came in fasting. Conclusion: PROBLEMS for not coming in fasting A. For the Pregnant Mother 1) She is the House maker sometimes the bread winner. 2) Has to get ready after caring the needs of the family members sometimes domestic animals. 3) By this time she will be hungry and may not be able to attend ANC in F state 4) Needs somebody to accompany-2 wages gone. 5) Distance to travel. B. Health Centers 1)The Centers open at 9-10 am. 2) Staffs not adequate. 3) Huge population to take care. 4) Sometimes PW may not get the opportunity. If asked to come again she may not as she has to lose income for 2 days. 5) ANC is once a week. If she misses, she has to come after a week- Enormous delay in getting the test done. 6) Most of the lab is not well equipped & there may be deficiency in paramedical staffs, 7) Continuous supply of electricity is a yet another problem. 8) Many pregnant ladies do not come in F state due to lack of awareness & belief that pregnant should not fast for long hours.