

REHABILITATION OF PSYCHIATRIC PATIENTS IN INVOLUTIVE AGE

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Background-There is a period in humans life when the spouse stays alone, after the death of his partner and after his or her children leave the home to raise their own families. In most of cases, those persons are deeply disappointed by the new circumstances which take away the simplicity from every-day life. Usually, they can not manage the new life situation being unable to take care of themselves and they become deeply depressed thinking that nobody needs them. Patients reaching for help in our institution, mostly come in such a condition of deep depression, being obsessed by suicidal ideas, ideas of not being useful and ideas of material collapse, overwhelmed by dissatisfaction with their destiny. Methods:- behavior therapy -systematic family therapy - kognitive therapy -talking-about the health, musices, folklore, books, anti-againg,the Bible, famoust holidays - occupation therapy -club meeting. Results-better health, the better affective, better behavior with the other patients, thye much more interested about meetg around them, thye have better communication with them families. Conclusions-This elaborateis result of many years of work in Geriatric Institution for accommodation and medical treatment of elderly and seak people. For those people are better to be in institution and have a company or to be alone in there home without anybody, because the family have own children and they are busy.