

## **THE ANALYSIS OF RELATIONSHIP BETWEEN DEPRESSION AND DAILY HASSLES FOR ELDERLY WITH PHYSICALLY DISABLED: MEDIATING EFFECT OF FAMILY SUPPORT AND SOCIAL PARTICIPATION**

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As elderly population rapidly increase, the physically disabled elderly will be expected to increase. Among elderly with disability, depression is a serious psychosocial problem that needs proper intervention. Moreover, daily hassles are more likely to have an impact on the increase of depression rates than stressful life events. However, social participation related to independence tends to decrease depression. Family support also has a great role in improving recovery especially in the aftermath of stroke. Therefore, the purpose of this study was to investigate variables related to depression which are associated with successful intervention for physically disabled elderly by stroke. The major findings were that the direct effect of daily hassles on depression was statistically significant. The direct effect of daily hassle to social participation was not significant while social participation to depression was statistically significant. The direct effect of daily hassles and family support was statistically significant and the indirect effect of family support to depression was also statistically significant. As a result, family support was shown to be a mediator between daily hassles and depression. Base on the results of this study, stress coping skills has to be developed. It is also necessary to provide psycho-social services to help the disable elderly can relieve their daily hassles. Strengthening family support as a successful intervention needs to be developed. Respite care, family therapy and counseling that can reduce family care burdens so that the government has to develop social policy that families can receive various programs with low cost.