

## **THE ROLE OF RELIGIOUS TRENDS IN SATISFACTION FROM THE NURSING HOME**

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**Introduction:** Most of elderly people, who experience transferring to nursing home show bio-psycho-behavioral signs and symptoms and shelter less. The role of religious beliefs as a shelter for resisting against mental disorders and problem solving this research was carried out.

**Material and methods:** A descriptive-Analytical study with aim-centered sampling was performed on 56 elderly people residing on Golabchi nursing house –Kashan-IRAN 2007. Including factors were; normal IQ and lack of serious mental disease and Alzheimer. The standard mental health Questionnaire (GHQ28) was used and the scores less than 23 were mentioned as healthy. Some other factors like demographic features, religious trends before residing in nursing home, satisfaction from living in nursing home and ....were assessed too. SPSS software was used to analyze the data.

**Results:** Results showed religious trends in aged people before entering and staying in nursing home make more satisfaction about living on there. %16.1-30.4 of ones before residing had religious activities. %41.1 of samples was unhealthy mentally and the level of satisfaction of residing in people who were healthy was 1.6 times compared with ones not healthy. There was no significant relationship between mental health and gender. The rate of male and female in this research were 35/7% and 64/3% respectively.

**Conclusion:** Religious activities and trends can increase satisfaction from residing in nursing home and compliance about adaptation with new situation so paying attention to religious trends in population especially in elderly people is a cultural activity priority.