

## **TIBET ACUPUNCTURE IS THE ONE OF THE WAY FOR TREATING NEUROPATHIC PAIN**

**A. Aslanyan**

*Central Outpatient's Clinic #1, Tashkent, Uzbekistan*

[docneuro@bk.ru](mailto:docneuro@bk.ru)

Tibet acupuncture (TA) is very old and effective method in treating of different diseases and syndromes. The author reviewed the efficacy of TA for treating neuropathic pain. Had been used special silver acupuncture needles for therapy of 72 patients (42 women and 30 men) of age 24-65, suffered from causal neuropathic pain. 32 patients were suffered from neuropathic pain of trigeminal neuralgia, 14 – were of acute neuropathic pain after herpes zoster infection, 3 – were of phantom limb syndrome after amputation of leg , 23 suffered from non vertebral caused lumbalgia. The author used auriculars (on the ears) points for acupuncture. During the therapy and observation all the patients were treated just by TA as monotherapy. 37 patients recovered from pain absolutely and during next observation for 24 months the pain was not returning. 16 patients recovered from pain for 4-53 days, and then the pain returned but a little less in comparison with pain before treating. 11 patients felt themselves better because pain became less intensive. 8 patients did not feel any improvement, but then they were less resistant for ordinary neuropathic pain therapy then before treating by TA.