

THE INTERNATIONAL QUALITY OF LIFE ASSESSMENT SF- 36 AND LIFE EVENTS INVENTORY EVALUATIONS IN PATIENTS WITH CHRONIC DAILY HEADACHE WITH AND WITHOUT MEDICATION OVERUSES

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Objective: To examine the quality of life and life events in patients with chronic daily headache (CDH) with and without medication overuse (MO).

Patients and methods: 52 CDH patients with medication overuse (Group 1) and 19 CDH patients without MO patients (Group 2) included the study. International quality of life assessment, life events inventory and psychological evaluation by psychiatrist were done.

Results: There was no statistically significant difference between Group I and II according to quality of life questionnaire. The most seen life events were sleep disturbance, moderate conflict with wife or husband and moderate money problems in two groups. The moderate money problem was found statistically significant higher in Group I than Group II ($p < 0.05$).

Conclusion: The preliminary result of our study was showed that life events should ask to the patient with CDH and we recommend these patients should visit the psychiatrist for learning stress management skills.