PLASMA LEVELS OF VITAMIN B_{12} , EPIDERMAL GROWTH FACTOR AND TUMOR NECROSIS FACTOR ALPHA IN PATIENTS WITH ALZHEIMER DEMENTIA

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Objective: It was previously reported that vitamin B_{12} (Vit B_{12}) has the regulatory effects on epidermal growth factor (EGF) and tumor necrosis factor alpha (TNF- α). The role of Vit B_{12} , EGF and TNF- α in the pathogenesis of Alzheimer dementia has not been elucidated yet. In this study the plasma Vit B_{12} , EGF and TNF- α levels were examined in individuals, between 65-99 years old with and without Alzheimer dementia.

Subjects and Methods: The study group comprised 47 patients with Alzheimer dementia and 38 cases without dementia. EGF and TNF- α were analyzed by ELISA, and Vit B₁₂ was analyzed by chemiluminescence method.

Results: Vit B_{12} and EGF levels were significantly lower (p0.0001), where as TNF- α levels were significantly higher (p0.0001) in the Alzheimer dementia group in comparison to those without dementia.

Conclusion: This study is the first in examining EGF, $VitB_{12}$ and TNF- α concurrently in patients with Alzheimer dementia. Our results show that the levels of $Vit\ B_{12}$, EGF and TNF- α in patients with and without Alzheimer dementia differ, hence further studies about these cytokines are required to investigate their roles in the pathophysiology of Alzheimer dementia.

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