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Dr. Politis is an active member of a number of national and international professional organizations, including the IPA, ICGP, ISTART and has received research grants to serve as principal investigator on studies involving research in Dementia, application of telematics in psychiatry and in integrated care on elderly mental health. He is reviewer in international scientific journals, Associate Editor of the Journal of Alzheimer Disease and has authored or co-authored in several original publications in highly esteemed journals, on topics ranging from dementia and Alzheimer's disease to geriatric depression.