

Is PD more common in patients with essential tremor?

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Parkinson's disease (PD) is a neurodegenerative disorder whose prevalence increases with aging. Essential tremor (ET) is the most common movement disorder and its prevalence is greater than five times of PD. Although ET can start at any age, it often begins more disabling with advancing age. Elderly patients often develop mild parkinsonian features secondary to aging or they may also develop other parkinsonian disorders like PD. The gold standard for diagnosis these conditions continue to be clinical criteria. Although these are two exclusive movement disorders, due to overlapping features between the two conditions there is continuing controversy if ET is a risk factor for the development of PD. Since ET is considered a genetic disorder, ET patients and their family are concerned about the risks of developing PD in the future. In this session the speakers will debate this controversial topic.